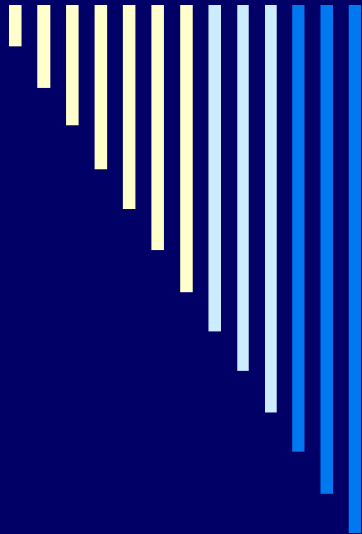




# USAADACENFB Installation Safety Office

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## **Suicide**

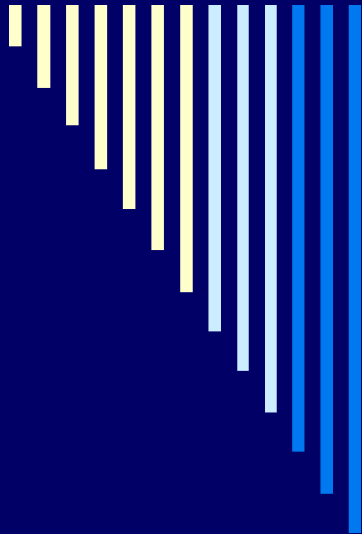
### **Lessons - Learned Fatality Review Board**

**16 October 2002**



# Most Common Indicators

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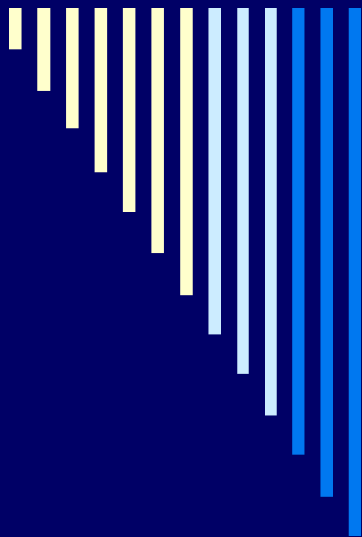
- ☐ **PREVIOUS ATTEMPTS**
- ☐ **MENTAL DISORDER**
- ☐ **ALCOHOL/SUBSTANCE ABUSE**
- ☐ **ISOLATION/DEPRESSION**
- ☐ **STATEMENTS/EXPRESSIONS OF GUILT FEELINGS**
- ☐ **PHYSICAL ILLNESS**



# Indicators

## (This Incident)

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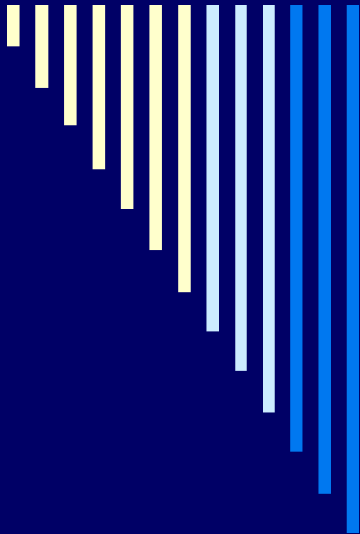
- ☐ Serious Financial Problems
- ☐ Possible Family Problems
- ☐ Serious Legal Problems (Sex Assault)
- ☐ Serious Alcohol Problems (ASAP)
- ☐ Pride, self esteem, ego
- ☐ Exhibited positive outward appearance (self denial)

STRESS/ANIXETY SYMPTOMS MAY VARY



# Myths About Suicide

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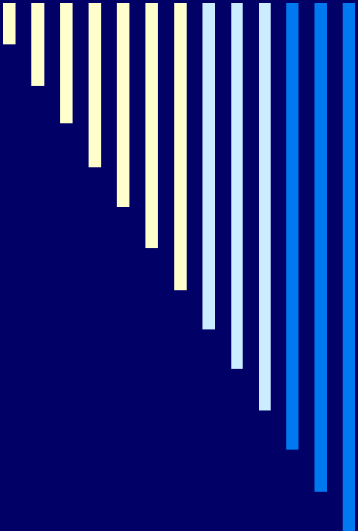


Suicide attempts do  
not go up during  
holiday periods



# Suicide Facts

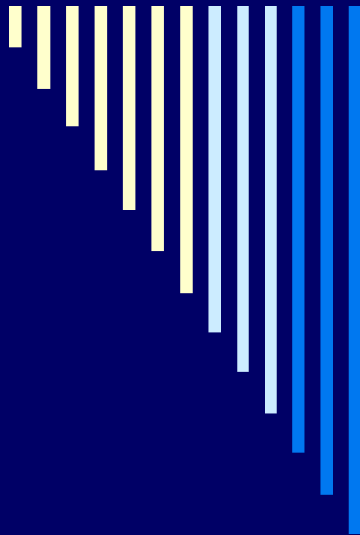
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- April has the highest suicide rate
  - Suicide is the eighth leading cause of deaths – third for teenagers
  - Symptoms may vary
  - Males have the highest rate

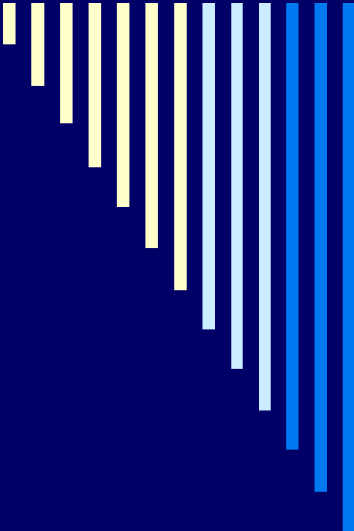


# Leaders' Actions

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- ☐ Know your soldiers
- ☐ Provide professional suicide awareness training
- ☐ Be sensitive to unusual behavior
- ☐ Be alert for stress build up for soldiers experiencing family, financial, and legal problems
- ☐ Do not expect every individual to exhibit the same behavior



NEVER  
IGNORE A SUICIDE THREAT  
OR  
ATTEMPT